



**Making a Difference  
A Health Careers Special**

**In association with**



*Health Education England*

# Learning objectives for today

1. To recognise they have the same rights to opportunities in learning and work as all people to challenge stereotypes and cultural expectations that put a ceiling on their aspirations.
  2. The qualities and behaviours of positive relationships (teams, classes, friendships).
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## Keywords

- **Stereotypes** – a widely held but fixed and over simplified image or idea of a particular type of person or thing.
- **Aspirations** – a hope or ambition of achieving something.
- **Qualities** – a distinctive attribute or characteristic possessed by someone.
- **Expectations** – a strong belief that something will happen.

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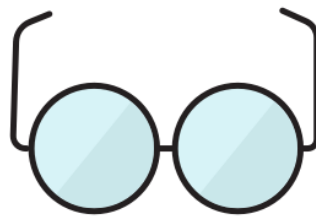
# What do you know about careers in **health**?



**Pair discussion (2 mins)**

What careers are there in health?

Has anyone considered a role?



Optician



Dentist



Doctor



Nurse



There are actually 360 roles to choose from!

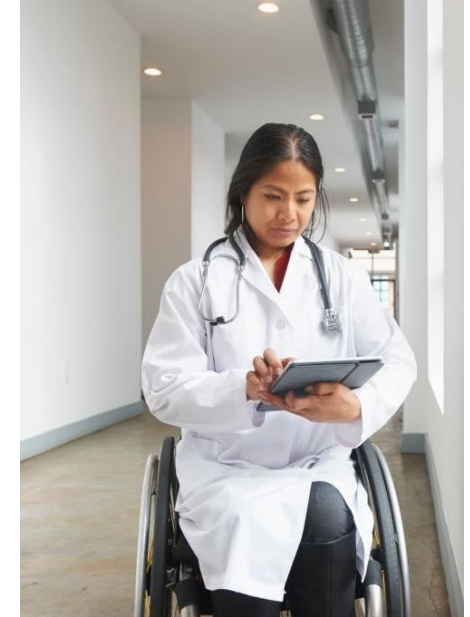
## **Healthcare:**

The organized provision of medical care to individuals or a community.

**Reflect and share (1 min)**

Has anyone thought of a career in health?

Which field?



### Discuss (2 mins)

Do these photos fit what you were thinking? Did you think of the stereotypes for these roles?

### Stereotype:

A widely held but fixed and over simplified image or idea of a particular type of person or thing.

### Fun fact!

Do you know it can take nine years of study to become a doctor?  
Salaries can vary with roles.



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# Did you know there are actually 14 AHP roles?



**Discuss (2 mins)**

Guess what these AHP roles are using the letters as clues. Click for answers. Do you know what any of these jobs involve?

Physiotherapist

Operating  
Department  
Practitioner

Prosthetist/  
Orthotist

Orthoptist

Radiographer

Osteopath

Speech and  
Language  
Therapist

Paramedic

Art Therapist

Dramatherapist

Podiatrist

Music  
Therapist

Occupational  
Therapist

Dietitian

**AHP:**  
Allied Health Professional

## Table Activity (3-5 mins)

List all the different healthcare experiences you have had. Click for some common ones.



Most of you will have had vaccinations against childhood diseases or for holidays abroad.

Not all of these experiences will have needed a doctor, other specialists may have seen you for the procedure.



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# Where did you experience healthcare?



Paired discussion task (1 min)  
Where do you think  
healthcare takes place?

Field Hospital

Specialist

Community  
Group

Dentist

Cruise Ship

Ambulance

Care Home

Hospital

Doctor's Surgery

School

At Home

Optician

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## What qualities do you need for a career in health?

### Individual task (2-4 mins)

What qualities do you need to have a career in health? Write them down. Then discuss why you would need these and whether you think you have what it takes.



understanding

resilience

empathy

co-operation

teamwork

communication

problem solving

interpersonal skills

### Emotional resilience:

The ability to adapt to stressful situations or crises.

Teamwork is important in healthcare as many people may be involved in the diagnosis and treatment of a person.



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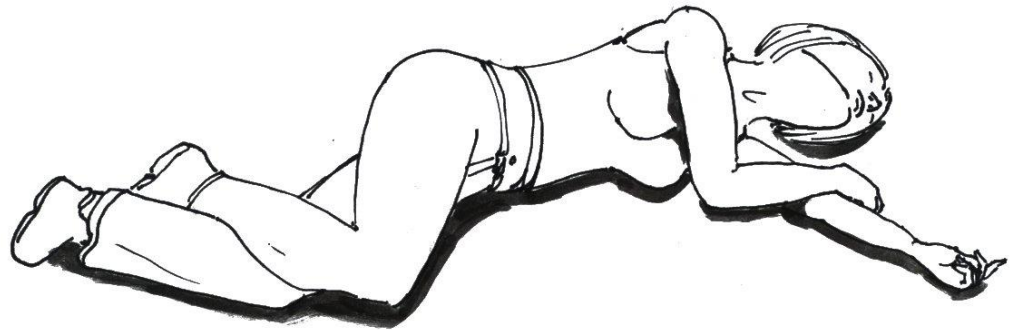
## Basic First Aid



It can be really useful to be able to perform basic first aid in an emergency  
Your school may provide training or you can search for yourself:

[www.firstaidforlife.org.uk](http://www.firstaidforlife.org.uk) First Aid for teenagers

[www.sja.org.uk](http://www.sja.org.uk) St John's ambulance



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# Getting help in emergency situations



In the UK dial 999 and ask for the service you need, remain calm and give as many details as possible.



In Europe dial 112 and ask for the service you need, remain calm and give as many details as possible.

[www.Samaritans.org](http://www.Samaritans.org) call 116 123

[www.mind.org.uk](http://www.mind.org.uk) call 0300 304 7000 for 24 hour emotional support

Childline 0800 1111



# Fun facts about the body:



The word cancer comes from the Latin for crab – just like the zodiac sign



Cancer

VectorStock.com

There are six muscles in the eye



The easiest bone to break is the clavicle



The brain weighs 1.36kg and contains 100 billion neurons





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You can watch the show [here](#) at 10am on June 26<sup>th</sup>  
and then again on demand.